

Covid-19 indoor & outdoor sports are closed, only outdoorsport in own bubble

People are looking for ACTIVITIES to do in their own bubble



Participation for Children & Parents

Use of Urban Tools

Principles of LTPD

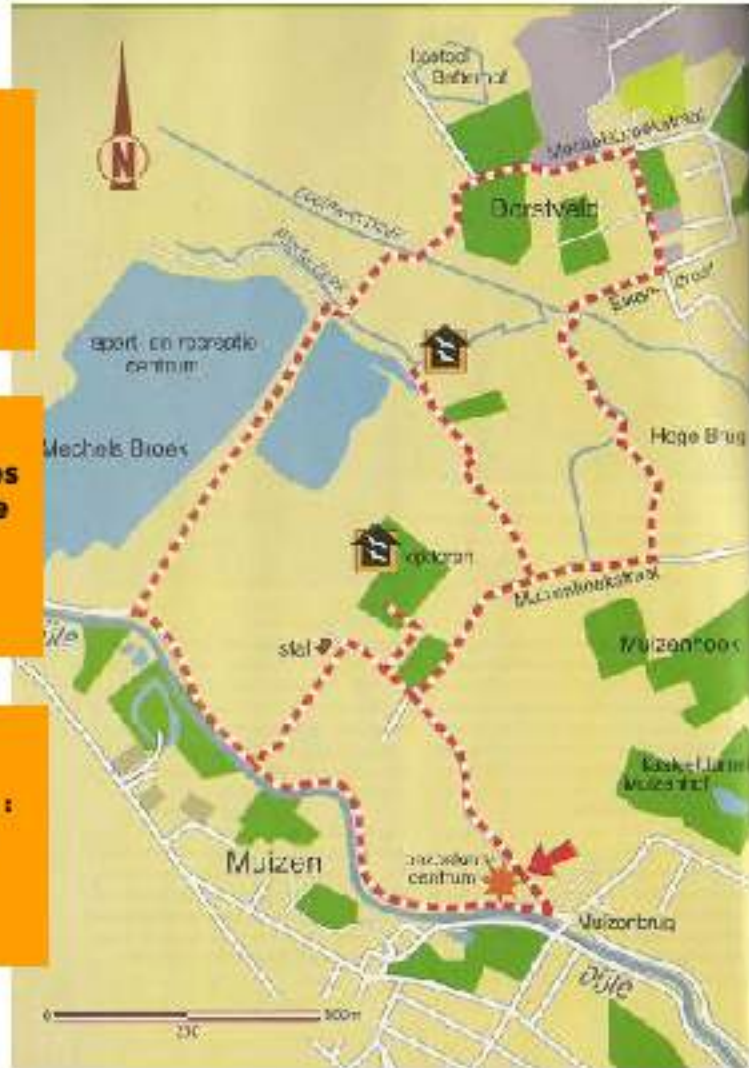


# Hockey Walk :

Getting in contact with kids and families

FUN Activities related to the game of hockey

Storytelling : meet with Hockey



Create Social Media Event

Social Media : club, Local Tourism office, Local Sports office

Schools, Covid centre, Vaccination centre ..

Invite & Communication

Downloadable Map & guide

Link to Club Website

use of QR code for challenges

Challenge Result sheet, upload in overview page



# The rink :

Departure at Rink, easy to park & people discover where the rink is.

Ice Rink info 30 x 60 m, cooling system ..

How the game is played



<https://www.youtube.com/watch?v=KggAwCeAogM>



Ball hockey rink made from pallets



Shooting stand



Stickhandle circuit



# Activities :

**Agility, Balance, Coordination**

**Physical Development**  
Active Play Game

**Cognitive Development**  
Learning Play Game

**Motor Skills**  
Constructive Game

**Social Development**  
Team Play Game

**Emotional Development**  
Creative Expression game

**PLAY IN A BOX**

**Principles of LTPD**



**Different surfaces**



**Use of Natural and Urban elements**



# Activity examples :

**Hockey Shift :**  
alternate  
running stairs  
and sitting on  
the bench (4x  
30 sec)



**2 feet Jump :**  
How far can  
you jump and  
compare with  
how far  
animals jump



**2 track  
sprint kids  
vs parent**

Connect :

**HELLO HOCKEY**



Make picture and share on Social Media #HelloHockey

WE DID IT!

WE DID IT!

When do we see you again ?

By posting your picture you get an invite for the next event

Learn to Skate



Try Hockey



Summer Camp

